

THE VALE NEWS

Mar. 18, 2009

Vol. 33 Issue No 32

Rotaract & Interact month - an opportunity to promote services to youth & young adults

Club Calendar & Speaker Assignments

March 25 Ken Friedman - Eliza Walker Watershed Director Vermont Land Trust

April 1 Dave Ruane - Gary Avery re: I.D. theft presentation
8 John Basile
15 Peter Laskowski
22 John Mansfield - Piero Bonamico and his topic will be "Building on Success".
28 Rotary-Person-of-the-Year Dinner

Editor's Note: Please inform Wini (496-6710) of the name of your speaker at least 2 weeks in advance. If you can't get a speaker for that date, please try to trade with another person on the list.

Birthdays:

Ken Friedman 3/24/45
Jim Groom 3/18/41
Karen Winchell 3/18/45

Meeting News

It's beginning to feel like spring with more people attending meetings – 40 today including guests: Deb Van Dyke, Carol Groom, Sally Reisner, Art Spielvogel and Henri's granddaughter, Gabriel.

Announcements:

YBYI Project -

Ralph made an urgent plea for all members to turn in their ticket money. For those who did not make today's meeting, please give your money and stubs to Jim Leyton at his office at Eastern systems.

Art – Nancy Allen Desaro Memorial ski race, Chuck Allen's daughter, Rotary sponsors the prizes. Meet at VASS office at Mt. Ellen at 2 PM, on Friday, March 20,

Ski Racing: The Georges Duboeuf Chez Henri Cup Race. Registration is Friday, March 20. On Saturday, race will be held on March 21, 10 AM. At 3 PM for results at Henri's. This benefits the MRV Health Center.

Pat Pinkston - Raising money with kids donating coins into other classes' Penny Jars. They are raising money to build Water systems in African countries.

MegaBucks: \$277.

Henri's granddaughter pulled Henri's ticket from the basket. Even with all that help, Henri did not locate the joker and was rewarded only with \$5.

Happy Bucks

Len Rubin -Encouraged everyone to send cards, e-mails etc. to Ron Geren

Tom Byrne -Greatly admired Debbie for her work overseas in war zones.

Art - First time someone had to ask Tom to speak louder

Jim Leyton -First time Eastern Systems won contract from state for check system

Peter - grand child due in June

Caryn Crump - Looking forward to GSE Rotary trip to Taiwan on Friday.

Ralph - Reports that Sally Ruetzlar is recovering slowly.

Sissy - Celebrating Ralph's 75th birthday on the 26th of March.

Carol Groom - Enjoyed Debie's talk on her war zone medical treatments

Jack Miner- Whole family coming for a week

Bob Holden - Sebastian leaving with his family for Vancouver before returning to home in Peru and starting new school term.

Jack Mansfield - Wants info on Fishing Charter trip on Lake Champlain.

Al Barillaro - Daughter here on visit to ski.

Monk - Did not bang shoulder as bad as last time

Putt - Back from Utah - less snow here

Betty - She and Jack Mansfield dressed like Bobsy twins.

Henri - delighted to have granddaughter here.

Ken -Glad to have a buck in these bad times.

Still Free: The Vermont Community Energy Mobilization Project will give you a Free Home Energy Assessment and tell you how to save energy and money. Call Dennis Derryberry at 496-7662.

The Rotary Person-of-the Year dinner, will be held on Tuesday, April 28, 2009 at the Common Man Restaurant. Cost of dinner, which includes hors d'oeuvres, will be \$35. Cash bar with beer and wine special. Please give your paid reservations to Jim Leyton at Eastern Systems.

Claudia Becker (of the Big Picture) was selected for this honor for all her contributions to our Valley.

Program

Henri introduced Deb van Dyke, a Nurse Practitioner with the M.R. Medical Center. Deb told us she has a master's degree in Public Health and has spend several years working with the Doctors without Borders Organization. This organization was formed by French doctors in 1971 and now exists in 60 different countries.

Their 27,000 workers include international staff workers and locals. They provide mobile medical care in war zones, refugee camps in areas of devastation.

She showed slides from: Thailand, Afghanistan, several war zones in Africa, famine zones in India, epidemic areas of cholera, AIDs, HIV, meningitis in So. Africa. Her organization has provided care in all the worst places, in spite of bombings. Security can be a big problem.

Also they have provided food for thousands of children suffering with malnutrition.

In the Sudan (an area 1/3 the size of the US) people are walking everywhere. There are no roads, they live in mud huts in an area terrorized by the Arab government. Two million

people have been killed. Her organization has established a Health Care Center. Their 3 main treatments are for malaria, pneumonia and diarrhea in addition to war wounds and childhood complications. They are the only medical facility for hundreds of miles. In order to treat 250 people per day, they must train local workers. Only 10% of their staff are international workers, the rest are locals. The locals have been trained to vaccinate the tribes.

Debbie said her reason for doing this work is that she has always felt compelled to help the homeless as well as native Americans, thus Doctors without Borders naturally followed - to help people with little resources and to train people with little education. She feels the rewards are great and goes on a mission for 4 or 5 months.

THE FOUR WAY TEST

of the things we think, say or do:

- 1) Is it the Truth?
 - 2) Is it Fair to All Concerned?
 - 3) Will it Build Goodwill and Better Friendships?
 - 4) Will it be Beneficial to All Concerned?
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The Vale News
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Club Officers:

| | |
|------------------|-----------------|
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| Vice President | Art Conway |
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| Secretary | Audrey Witschi |
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| | |
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| Foundation | Jim Leyton |

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